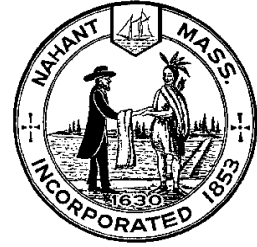


April 2016

# Nahant Tiffany Times

Nahant Council on Aging  
Our Mission



*"The mission of the Nahant Council on Aging is to provide **physical, emotional, and mental stimulation** enabling those sixty and over to achieve engaged and fulfilling lives in a safe environment."*

## Meet the Staff

Linda Spinucci-Peterson -  
Executive Director

Penny Morse - Assistant

Arthur Barreda - Transportation

Jim O'Connor - Transportation

Pat Scanlon - Transportation

## Nahant COA Board of Directors

Nancy Gallo - Chairman

Angela Bonin—Vice Chairman

Emily Potts—Treasurer

Joseph Benson -Secretary

Sheila Hambleton

Linda Jenkins

Carol Sanphy

Marcia Divioll

Barbara (Lollie) Ennis

## Friends of Nahant COA Executive Board

Linda Lehman - Co-President

Lana Mogan - Co-President

Mary Irene Dickenson - Treasurer

Margaret Silva - Secretary

**Nahant Senior Center is located at:**  
**334 Nahant Road**  
**Nahant, MA 01908**  
**(Lower Level of Town Hall)**

**Tel.# 781-581-7557**  
**lpeterson@nahant.org**

**Visit us at:**  
**www.nahantcouncilonaging.org**

## From the Director,



Earth day is celebrated on the 22<sup>nd</sup> of April and marks the anniversary of the birth of the modern environmental movement which began in 1970. Earth Day reached current status as the largest secular observance in the world. It is celebrated by more than a billion people every year, and was a day of action that changed human behavior and provoked policy changes.

Inspired by the student anti-war movement, million Americans took to the streets, parks and auditoriums to demonstrate for a healthy, sustainable environment. Groups that had been fighting against oil spills, polluting factories and power plants, raw sewage, toxic dumps, pesticides, freeways, the loss of wilderness, and the extinction of wildlife suddenly realized they shared common values. Earth Day 1970 achieved a rare political alignment, imagine Republicans and Democrats, rich and poor, city slickers and farmers, tycoons and labor leaders all working together. By the end 1970, the first Earth Day had led to the creation of the US Environmental Protection Agency and the passage of the Clean Air and Water acts and the Endangered Species Act.

Mike Manning is stepping down as selectman. This ends a 21 year term for Mike. Mike has served the town for 31 years in many different capacities from volunteering on the Rehabilitative Needs Committee in 1983 to the Advisory and Finance Committee and then onto a 21 year stint as our town's selectman.

The COA is especially grateful to Mike for all the pies he has made and delivered to the seniors for many years. It is such a treat to have fresh baked goods for dessert at the Tiffany Café. Thank you Mike for your service to the Town of Nahant.

Linda Peterson  
Executive Director

## “ON THE GO” TRIPS AND EVENTS

- Wednesday, April 6** **Beacon Café** is located in Middleton, on the campus of North Shore Community College. Students prepare and serve meals as part of their curriculum. We will enjoy a buffet lunch. The cost is \$7.00 which includes a tip. Additional monies raised is used to help fund the Culinary Arts Program. Seating is limited to 12 guests. Sign up early! The bus will leave the Tiffany Room at 10:00 for an 11:00 seating.
- Thursday, April 7** **Office of Consumer Affairs**, Presentation, Your Shopping Rights. Robin Putnam, Research and Special Projects Manager from the Office of Consumer Affairs and Business Regulation, will present Consumer University with a focus on shopping rights. The presentation will include information about the Office, expressed & implied warranties return policies, defective merchandise, pricing discrepancies, and shopping online, through the mail or television. Presentation begins at 12:15.
- Wednesday, April 13** **Our new SHINE Representative** Charlie Randall will be on hand from 1:00—3:00 for personal discussions about your health insurance and prescription drug plans. Also if you are turning 65 soon you can get all your questions answered here at the Senior Center.
- Wednesday, April 20** **Margaret Ferguson Greenhouses** at Wellesley College. The Margaret C. Ferguson Greenhouses house the most diverse collection of plants under glass in the greater Boston area. Some popular features of the greenhouses are the desert and rainforest biomes, the fern room, the water-loving species of the hydrophyte house, and the tropical pitcher plants. Tour of the Greenhouse is free. The bus will leave the Tiffany Room at 10:00. We will stop for lunch after tour.
- Friday, April 22** **Earth Day 2016 — Trees for the Earth**. Nahant COA will participate in the global effort to create a foundation for a cleaner, healthier and more sustainable planet for all. Join us at the Johnson School at 12:30 to help us celebrate and participate in this global effort.

## COMING ATTRACTIONS

- Thursday, May 5** **Cinco de Mayo**. We'll help Mexico celebrate their unlikely victory over the French forces of Napoleon III on May 5, 1862. We will serve Mexican food, virgin Margarita's and more.
- Wednesday, May 18** Lunch at the **Tigers Den**. We will make one more trip to the Tigers Den in June. Don't miss out. Cost \$9.00. Bus will leave at 11:15 from Tiffany Room.
- Friday, May 27** Join us for our annual Memorial Day Party. We will be celebrating at one of the local venues and will have our first cookout of the session. More details to follow in the May issue.

## HAPPENINGS AROUND TOWN

**Nahant Village Church Breakfast, Friday, April 1**, at 8:00am. **A Cross Country Bike Ride** from Anacortes, WA (north of Seattle) to Nahant Tudor Wharf, covering about 3,300 miles in fifty days. Josh Antrim, his wife Ellen and their daughter Lydia braved this trip last summer and will share their stories and photos of their journey. The breakfast starts at 8 a.m. Plan to come for an informative presentation, a hearty breakfast and some wonderful camaraderie. Spread the word and bring a family member or friend.

**01908, Pop Up Shop, Friday, April 8,**

**Nahant Lions Italian Night**, at the Knights of Columbus. You are all invited to enjoy our 6th Annual authentic home cooked Italian Dinner prepared by Mary Miner and her committee. The proceeds of the event which will include raffles will be donated to Eye Research. The cost of the event is \$15.00 pp, cash bar. Cocktails at 6:30, dinner at 7:00 p.m. RSVP by April 1st. Tickets available by calling Mary Miner at 61-515-7870 or K.K. Sherber at 781-727-7447.

**Nahant Forum on Women's Issues, Sunday, April 24**, at the Public Library.

**Nahant Garden Club, Tree Planting and Arbor Day Talk, Thursday, April 28**, 6:00 pm at the Nahant Life Saving Station.

## NAHANT PUBLIC LIBRARY - WINTER HOURS

**Tuesday and Thursday 10am to 7pm**

**Wednesday and Friday 10am to 5pm**

**Saturday 12am to 4pm**

**Sunday - open once a month 3pm to 6pm**

**(check the calendar for Sunday scheduled events)**

**Monday – closed**

**781-581-0306**

**[www.nahantlibrary.org](http://www.nahantlibrary.org)**

**Please call or check our online calendar for holiday information and events.**

### NO MORE ROBO CALLS!

Are you sick and tired of those annoying robo calls? You can register on a DO NOT CALL list for these types of calls. If you have access to a computer and have an email address, visit [www.nomorobo.com](http://www.nomorobo.com) and register your telephone number. If you do not have an email address, you can register on this list at the COA.

Appointments are available on Wednesdays and Fridays only from 10:00-12:00.

If you have any question please contact Linda Peterson at 781-581-7557.

### GOLF SEASON 2016

#### COA GOLF LEAGUE BEGINS IN MAY

As the days get warmer lots of fun outdoor activities begin. The Nahant COA golf league is no exception. Beginning on Thursday May 12<sup>th</sup> we will be dusting off the clubs for another fine year of golf at Kelley Greens. Tee times will begin at 8:30. You can pick up an application at the Pro Shop or the COA. League details are on the application.

If you have any questions contact Linda Peterson 781 581-7557, or [lpeterson@nahant.org](mailto:lpeterson@nahant.org).

Arthur is 95 years old. He's played golf every day since his retirement 30 years ago. One day he arrives home looking downcast.

"That's it," he tells his wife. "I'm giving up golf. My eyesight has got so bad...once I've hit the ball, I can't see where it went."

His wife sympathizes, and as they sit down, she says, "Why don't you take my brother with you, and give it one more try."

"That's no good," sighs Arthur. "Your brother is a hundred and three. He can't help."

"He may be a hundred and three", says the wife, "but his eyesight is perfect."

So the next day, Arthur heads off to the golf course with his brother-in-law.

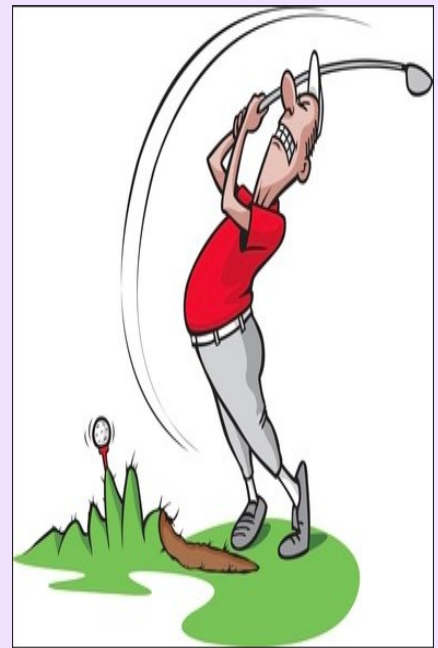
He tees up, takes a mighty swing, and squints down the fairway.

He turns to the brother-in-law. "Did you see the ball?"

"Of course I did!" says the brother-in-law. "I have perfect eyesight."

"Where did it go?" asks Arthur.

"I can't remember."



**TIFFANY CAFÉ LUNCH PROGRAM**  
**Served everyday at 11:30 - 12:30**  
**Reservations required 24 hours in advance**  
 Cost - \$3.00

**FOOD SHOPPING PROGRAM**

Tuesday	April 5	Market Basket and Vinnin Square	12:30 P.M.
Tuesday	April 12	Market Basket and Vinnin Square	12:30 P.M.
Tuesday	April 19	Market Basket and Vinnin Square	12:30 P.M.
Tuesday	April 26	Market Basket and Vinnin Square	12:30 P.M.

**APRIL RECIPE FOR TWO**

**Onion-Herb Pork Chops**  
**I n g r e d i e n t s**

**P R E P 2 0 m i n .    B A K E 2 0 m i n .**

- 1 teaspoon plus 2 tablespoons butter, divided
- 1 medium onion, chopped
- 3 tablespoons chicken broth
- 1/4 teaspoon dried tarragon
- 1/8 teaspoon dried thyme
- 2 boneless pork loin chops (3/4 inch thick and 5 ounces each)
- 1/8 teaspoon salt
- 1/8 teaspoon pepper
- 3 tablespoons dry bread crumbs
- 3 tablespoons grated Parmesan cheese



**D i r e c t i o n s**

1. In a small skillet, melt 1 teaspoon butter over medium heat.
2. Stir in the onion, broth, tarragon and thyme.
3. Bring to a boil. Reduce heat; simmer, uncovered, for 8-10 minutes or until onion is tender.
4. Meanwhile, sprinkle pork chops with salt and pepper.
5. In another skillet, brown chops over medium heat in 1 tablespoon butter.
6. Spoon half of the onion mixture into a baking dish coated with cooking spray
7. Top with pork and remaining onion mixture.
8. Combine bread crumbs and Parmesan cheese; sprinkle over top.
9. Melt remaining butter; drizzle over crumbs.
10. Bake, uncovered, at 400° for 20-25 minutes or until meat juices run clear.

**Yield:** 2 servings.

**N u t r i t i o n a l   F a c t s**

1 pork chop equals 413 calories, 24 g fat (13 g saturated fat), 110 mg cholesterol, 639 mg sodium, 15 g carbohydrate, 2 g fiber, 33 g protein

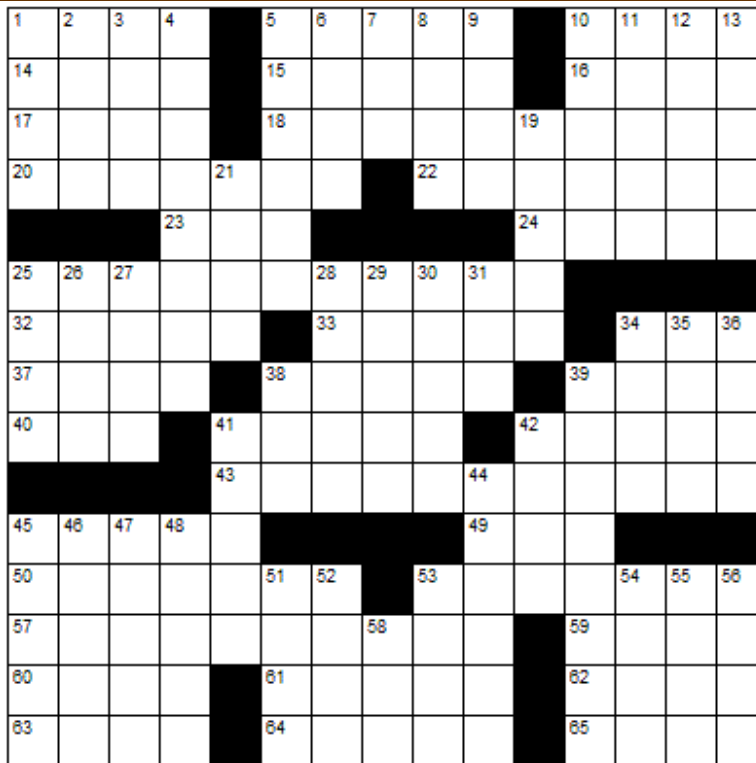
## HEALTH AND WELLNESS

Tuesday, April 12th	9:30 a.m.	Manicurist (sign up required) \$10.00
Thursday, April 21st	9:00 a.m.	Blood Pressure Clinic
Monday, April 25th	9:30 a.m.	Hair Styling (sign up required)
Tuesday, April 26th	9:30 a.m.	Manicurist (sign up required) \$10.00

### EXERCISE/ACTIVITIES

Monday	9:00 a.m.	YOGA (\$5.00)	Tiffany Room
Monday, Wednesday, Friday	9:00 a.m.	Total Body Exercise	Community Center
Monday	5:00 p.m.	YOGA (\$5.00)	Community Center
Tuesday	9:00 a.m.	Quilting, crafts, crocheting	Community Center
Tuesday & Thursday	10:30 a.m.	Chair Exercise	Tiffany Room
Tuesday & Thursday	5:00 p.m.	Mat & Stretch Class	Community Center
Thursday	6:15 p.m.	YOGA (\$5.00)	Community Center

## PUZZLE OF THE MONTH!



### ACROSS

1. Break
5. Mystic
10. Fellow
14. Curdled soybean milk
15. Moon of Saturn
16. Debauchee
17. Egg-shaped
18. Ask an unreasonable price
20. Hawkish
22. Wash
23. Mineral rock
24. Clairvoyants
25. Aberrant sexual practices
32. Double-reed instruments
33. Emissary
34. Bar bill
37. Not sweet
38. Heroism
39. Mongolian desert
40. Explosive
41. Dromedary
42. Possessing a weapon
43. Unbeatable
45. Change
49. Directed
50. Mail pouch
53. Intercede
57. Unchallenged
59. Dash
60. Sow
61. Jargon
62. An aromatic ointment
63. Being
64. Avoid
65. 10 10 10 1

### DOWN

- |                                   |                       |                        |
|-----------------------------------|-----------------------|------------------------|
| 1. Put away                       | 19. Impudent girl     | 41. Reins in           |
| 2. Exploded star                  | 21. Angers            | 42. Copied             |
| 3. At a distance                  | 25. Publicize         | 44. Promise            |
| 4. Type of sweater                | 26. Black, in poetry  | 45. Entertain          |
| 5. Writer of "Dracula"            | 27. Defeat decisively | 46. Paths              |
| 6. Marry                          | 28. Creases           | 47. High, low and neap |
| 7. Consumed food                  | 29. Arm of the sea    | 48. Leave out          |
| 8. A crumbling earthy deposit     | 30. Convex molding    | 51. Church alcove      |
| 9. Ancient Peruvian               | 31. Neither ____      | 52. White aquatic bird |
| 10. Large long-necked wading bird | 34. Grave             | 53. Fix                |
| 11. Mob                           | 35. Cain's brother    | 54. Wings              |
| 12. Type of drill                 | 36. Remain            | 55. Mountain pool      |
| 13. Equals                        | 38. Delivery vehicle  | 56. Terminates         |
|                                   | 39. Slope             | 58. Letter after sigma |



# **"How can I help?"**

**"Super Bob"**

**"Go to guy"**

**"Dedicated to  
Service."**



**"Mr. Fixit"**

**Helping Hand**

**"One great guy"**

**One of a kind**

My association with Bob was mainly through the Tiffany Room. Every morning about 10 o'clock he would come through the door and the first thing he'd say was, "Do you need anything?" The guests at the Tiffany Room never knew that the bathroom light went on because Bob had gone for the big ladder and changed the bulb - or that the big table was set up and ready - or the grill in the storeroom had been set up and fueled. He made many gallons of baked beans through the years. His reward was an empty plate. He was also the driver of our first van. All in his spare time!

Do you think, when he reached the Golden Gates he asked, "Do you need anything?" A voice answered, "Yes, Bob. We need you." God Bless, Bob.

Ione Hansell, NVC, COA

**NAHANT VILLAGE CHURCH**

## DEPARTMENT OF PUBLIC WORKS

I remember going to a meeting with Bob at the Lynn Water and Sewer discussing the Town's bill. By the time we left they had reduced the Bill in half. That's what Bob did the best - look out for the residents of our town. David Wilson, DPW

Bob was a very good friend to Tom and I over the years. Bob and Tom worked together with church and Masons and always enjoyed their fellowship and friendship.

Dorothy Johnson, NVC

**FREEMASON**

**SELECTMAN**

Bob Steeves was always impressive! Always energetic! Always ready to help!

(As a member of the) Town Rehabilitation Committee, the most common response to our request, "How do we get access to this building on Saturday morning?" was most probably "Talk to Bob Steeves." (Regardless of the request, Bob) was always cheerful and ready to be of service. He never worried if it was business hours or otherwise. He never mentioned that the call was on short notice. He never considered any question or request as too small for his consideration. He was the best friend ...Town volunteers could have when they needed help to get their objectives accomplished. Everyone in Town seemed to be aware of this because no matter who you asked about where to look for help, they all pointed toward Bob.

(When) Bob was serving as Selectman and up for reelection, I decided that I would also run and went to tell him of my decision. I did feel a little funny in that we had never disagreed on anything and generally held the same political viewpoints; but, unexpectedly to me, he welcomed me to the 1991 campaign! We both had fun, there was no mudslinging, my most frequent question I campaigned was "Why are you running against Bob Steves?" and I lost by several hundred votes. We remained friends until his death.

(After his retirement as) Superintendent of Public Works, ...I would join Bob and Harriet on Saturday at 9am in their front parlor where, as many knew, the door was always open and the coffee was on the stove. Bob's question, as I came through the door, was always, "And how can I help you?." We will all miss him and his magnanimous spirit dearly. Michael P. Manning

Bob just got things done! As past president of the Nahant Lions Club he made a presence for all not to forget. He repaired EVERYTHING that belonged to the Town, whether a Lion or not including the renovations at the Valley Rd School, now our Community Center. He was the potato & corn chef for our special Lions parties. Bob, was a member of our Club for over 40 years. He received his recognition at the Life Saving Station several years ago. Bob, the Lion, will live on at our Club, remembered always for his helping hands. John Magro, Past President Nahant Lions Club

**NAHANT LIONS**

**HOUSING AUTHORITY**

For the past forty years Bob Steeves has been an integral and valued member of the development of the Nahant Historical Society. One of the founders in 1975 as Chair of the Town's Bicentennial Committee, he went on to be an important contributing member of the Board of Directors for many years. His query *"How can I help?"* Was such a welcome question as we labored to move our archives and memorabilia from the Country Club down the hill to our new and beautifully restored rooms at the former Valley Road School. ...For many succeeding years Bob served as the "go-to" man at 41 Valley Road and was always there to solve any "glitch" that might appear.

A favorite saying quoted by Bob Steeves when it was suggested in recent years that he might slow down a little was "Better to wear out than to rust out"! Bob Steeves never rusted out, and the sheen of his love of and service to the (Historical) Society - as well as to the town and its people - will continue to shine brightly, and be of benefit to his beloved Nahant for generations to come. What happy and fruitful memories he has left us all to savor and enjoy!

Calantha Sears, Nahant Historical Society

**HISTORICAL SOCIETY**

I have known Bob Steeves for most of my life. He was involved in many things throughout the town. Some of my fondest memories were of him were when he was scoutmaster of troop 50, many camping trips, sleeping outdoors and the ever present "bug Juice". The mile swim was a special challenge for the Nahant troop because us Island boys had to do it in a waist deep river full of eelgrass (yuck). Long before the days of recycling many current Nahant residents remember riding on the tailgate of Bob Steve's station wagon as we drove through town collecting papers for the annual paper drive.

Michael Billias

Bob Steeves was a long time member of the Nahant Council on Aging, maybe close to thirty years. He provided transportation for our clients by driving the bus and until fairly recently he volunteered at the Tiffany room five days a week. He attended almost every Board meeting, sharing his experience and wisdom. He was a valued member of our community.

Sarah Risher, Nahant COA

**BOY SCOUTS** **COUNCIL ON AGING**

Bob Steeves was up for any task, anywhere, anytime. From the beginning days of the Nahant Preservation Trust, Bob was there- watching over the renovation activities of the Valley Road School, checking on wiring, brick pointing, and all of the construction and renovation activities. And after the opening of the building, he remained there, steadfast in his help, opening and closing the everyday, supervising all aspects of the building and its activities. When something needed fixing- he was the "go to guy". If the task required materials- he probably already had them in his garage. All he required was that we get out of the way! Bob was a pragmatic man -an inventor, who (without the manual) could usually find a way to get things working again. Bob was generous with his time, his material goods, and the twinkle in his eye. He has left us his legacy of giving to people and working hard to create and improve our community.

With fondest memories and deep gratitude for a very special man.

Nahant Preservation Trust

**PRESERVATION TRUST**





## Earth Day 2016 — Trees for the Earth

(cited from Earth Day Network)



Let's get planting. Over the next five years, as Earth Day moves closer to its 50th anniversary, we're calling on you to help us achieve one of our most ambitious goals yet — we're planting 7.8 billion trees and we're starting now.

Trees will be the first of five major goals we are undertaking in honor of the five-year countdown to our 50th anniversary. On their own and together, these initiatives will make a significant and measurable impact on the Earth and will serve as the foundation of a cleaner, healthier and more sustainable planet for all.

Why Trees? Trees help combat climate change. They absorb excess and harmful CO2 from our atmosphere. In fact, in a single year, an acre of mature trees absorbs the same amount of CO2 produced by driving the average car 26,000 miles. Trees help us breathe clean air. Trees absorb odors and pollutant gases (nitrogen oxides, ammonia, sulfur dioxide and ozone) and filter particulates out of the air by trapping them on their leaves and bark. Trees help communities achieve long-term economic and environmental sustainability and provide food, energy and income.

**The COA will be doing its part to help reach the goal of 7.8 billion trees. On Friday, April 22<sup>nd</sup> together with the DPW we will be planting a tree.**

## RECYCLE MORE. TRASH LESS.

Let's help keep Nahant's beaches beautiful.

### Single stream recycling is easy!

Place clean containers, papers, and cardboard together in one bin. Is your little blue recycling bin overflowing? Pick up a **free sticker** at Town Hall and enjoy a big recycling barrel. Thanks for reducing waste and recycling as much as possible.

You help make the Nahant Recycling Program a success!



### Yes Containers

- Aluminum cans, trays & foil
- Glass bottles & jars
- Large plastics (broken toys, buckets, laundry baskets)
- Metal cans
- Milk cartons & juice boxes
- Plastic #1 - #7
- Stiff plastic containers
- Spiral cans (potato chip, nut cans)

### Yes Papers

- Books (rip off hard covers)
- Cardboard boxes (tied & bound; no wax)
- Coffee cups (empty, no Styrofoam)
- Frozen food boxes (if it rips)
- Newspapers with inserts
- Magazines & catalogs
- Paper bags
- Paperboard (cereal & tissue boxes, paper towel rolls)
- Phone books & junk mail (remove free samples)
- Pizza boxes (empty, no wax paper)
- Shredded paper (in a clear plastic or paper bag)
- White & colored paper (staples, paper clips, spirals ok)
- Wrapping paper

### No

- No Trash
- No Plastic Bags
- No Styrofoam
- No Food Waste
- No Ceramics
- No Dishes / Glassware
- No Chemical Containers
- No Electronics
- No Light Bulbs
- No Mirrors / Plate Glass
- No Photographs
- No Tissues
- No Napkins
- No Pots, Pans
- No Scrap Metal
- No Windows
- No Aerosol Cans
- No Blueprints
- No Carbon Paper

Designed by Mary Jo Mitchell Angersbach for

This flyer provided to Nahant by SWIM.

[www.nahant.org/swim](http://www.nahant.org/swim)



*Tiffany Room Hours*  
*April 2016*  
*Closed Monday, April 18*  
*Patriot's Day*





## Tiffany Café Menu

APRIL 2016

*"One should eat to live not live to eat"*

~Moliere~

Monday	Tuesday	Wednesday	Thursday	Friday
<b>All lunches served with:</b> <b>Milk</b> <b>Bread &amp; Butter</b> <b>Dessert</b>	<b>Menu is subject to change</b>			<b>1</b> Tortilla Española Mixed Salad
<b>4</b> Salad Stuffed Peppers	<b>5</b> Lemon Garlic Chicken Drumsticks Roasted Potatoes Green Beans Corn bread	<b>6</b> Salad Chicken Stroganoff over Noodles	<b>7</b> Meatloaf Mashed Potatoes Creamed Corn	<b>8</b> Veal Stew With Polenta Fresh vegetables
<b>11</b> Salad Ham and Cheese Quiche	<b>12</b> Pot Roast Potatoes, Vegetables Butternut Biscuits	<b>13</b> Salad Chicken Tortilla Soup	<b>14</b> Stir Fry Chicken with Vegetables Rice	<b>15</b> Salmon Asparagus Risotto (Alternate will be served)
<b>18</b> <b>Patriot's Day</b> <b>COA Closed</b>	<b>19</b> Ham and Cheese Wafflewiches Citrus Salad	<b>20</b> Pork Tenderloin Apples, Onions, Potato Vegetable	<b>21</b> Salad Chicken Parmesan Pasta	<b>22</b> Chicken in Cream of Red Pepper Sauce Roasted vegetables
<b>25</b> Salad Chicken Marsala over Noodles	<b>26</b> Italian Sausage Potato Casserole Cheesey Biscuits	<b>27</b> Lemon Chicken Roasted Potato Vegetable	<b>28</b> Ham Scalloped Potatoes Asparagus	<b>29</b> Ground Beef Bobotie (South African dish) Green Salad



Congratulations to Marie Ford!  
Her award entry at the Flower and Garden  
Show was stunning!

Boston Flower  
and Garden Show



St.  
Patrick's  
Day  
Luncheon



### MARK YOUR CALENDARS! SUNDAY, MAY 15

Enjoy an afternoon of antique appraisals with Mary Westcott from Kaminski's Auction House. Proceeds benefit the Friends of the Council on Aging., Knight of Columbus Hall, Nahant, from 2:00 - 4:00.

# FRIENDS

## Friends of Nahant COA Executive Board

Linda Lehman - Co-President  
Lana Mogan -Co- President  
Mary Irene Dickenson - Treasurer

# CORNER

### Help Support the Friends of the Nahant Council on Aging

Please accept my tax-deductible donation as a supporting member:

\_\_\_\_ Individual \$10.00    \_\_\_\_ Good Friend \$25.00    \_\_\_\_ Great Friend \$50.00

Name \_\_\_\_\_ Address \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Please accept my tax-deductible donation of \$ \_\_\_\_\_

\_\_\_\_ In memory of

Person's name \_\_\_\_\_

\_\_\_\_ In honor of

Donated by \_\_\_\_\_

\_\_\_\_ In appreciation of

Address \_\_\_\_\_

Please make checks payable to: **Friends of the Nahant Council on Aging**

334 Nahant Road, Nahant, MA 01908

## BIRTHDAY CELEBRATIONS

April 1, - Anne Bromer, Karen Rodgers, Cynthia Manning, Deborah Quinn, Mary Smith  
 April 2, - Joanna Reardon, Chesley Taylor, James Houlihan, Margret Ann Peterson  
 April 3, - John Buckley, Grace Scott, Margaret Desjardins, Terence Olmstead, Margaret O'Neill  
 April 4, - Judith Walsh, Mary Walsh, Pamela Morse, Mark Taylor  
 April 5, - Carolyn Jundilo-Comer, David Livingston, Gail Hannagan, Jean Mazzaferro, Vincent Ferraro  
 April 6, - Warren Carlson, Mary Ann Quinlan, Patricia Johnson, William Lowell  
 April 7, - Neil Callahan, Susan Lewis, Joseph Dantona, AnnMarie Dwyer  
 April 8, - James Connolly  
 April 9, - George Fintonis, Beatrice Rodgers, Terry Brown  
 April 10, -Ione Hansell, Christopher Myer, Michael Geaney, Dianne Lee-Urany, Linda Landry, Leslie Tarmy,  
               Karen Patrick, William Szczawinski  
 April 11, -Elaine McDonald, Daniel Myers, Mary MacDonald, Judith Herrick  
 April 12, -Arlene O'Neill  
 April 13, -Gretchen Szczechowicz, John Dolhun, Richard Woodworth, Daniel Dill  
 April 14, -Anthony DeLuca, G. MacNaughton  
 April 15, -Clara Tyler, David Lass, Lynn McKnight, David Liscio  
 April 16, -Robert Brangon, Rene Desjardins  
 April 17, -Dorothy Morley, Paul Bertrand, Diana Brandi, Robert Silva, Kathleen Welch, Thomas Dowd  
 April 18, -John Donahue, Frank McCarthy, Nancy Carey, Bruce Walker, Dimitrios Christoforidis  
 April 19, -Suzanne Tarlov  
 April 20, -Philip Oesterlin  
 April 21, -Francis McCarthy  
 April 22, -Lawrence Smith, Mary Livingston  
 April 23, -Rebeka Richardson, Ronald Gerstenhaber, Ellen Kutcher, Teresa Brown  
 April 24, -Angeliki Kourkoulsi, Joseph Moccia, Joy Pechinsky Spinelli, Christopher Rizzo, Carl Jenkins  
 April 25, -Wayne Putnam, Thomas Hambleton, Thomas Hosker, Patricia McDonald  
 April 26, -Kristin Lee, Linda BelloFatto, Margaret Brown, Mary Jo Sanborn  
 April 27, -Robert Alexander, Frederick Bartlett  
 April 28, -Marie McDuff, Lorraine O'Keefe, Phillip Hitch, Richard Kane  
 April 29, -Frank Cardile, Kathryn Famulari, MaryLou Archer  
 April 30, -Virginia Carlson, Linda Lehman, Yvonne Donovan, Charles Shilas, Mark Pillsbury

## PUZZLE SOLUTION

S	N	A	P		S	W	A	M	I		C	H	A	P
T	O	F	U		T	I	T	A	N		R	O	U	E
O	V	A	L		O	V	E	R	C	H	A	R	G	E
W	A	R	L	I	K	E		L	A	U	N	D	E	R
			O	R	E					S	E	E	R	S
P	E	R	V	E	R	S	I	O	N	S				
O	B	O	E	S		E	N	V	O	Y		T	A	B
S	O	U	R		V	A	L	O	R		G	O	B	I
T	N	T			C	A	M	E	L		A	R	M	E
					U	N	S	T	O	P	P	A	B	L
A	L	T	E	R						L	E	D		
M	A	I	L	B	A	G		M	E	D	I	A	T	E
U	N	D	I	S	P	U	T	E	D		E	L	A	N
S	E	E	D		S	L	A	N	G		N	A	R	D
E	S	S	E		E	L	U	D	E		T	E	N	S

**Tiffany, Tiffany**  
**All in Harmony**  
**Tiffany, Tiffany**  
**Joy of Dining**  
**Tiffany, Tiffany**  
**One Great Melody**  
**Tiffany, Tiffany**  
**All Smiling**  
**Tiffany, Tiffany**

*By Ray Baron*