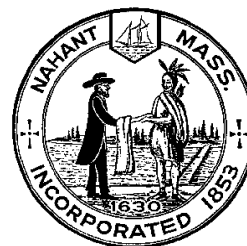


April, 2017

# Nahant Tiffany Times

Nahant Council on Aging  
Our Mission



*"The mission of the Nahant Council on Aging is to provide **physical, emotional, and mental stimulation** enabling those sixty and over to achieve engaged and fulfilling lives in a safe environment."*

## Meet the Staff

Linda Spinucci-Peterson -  
Executive Director

Penny Morse - Assistant

Arthur Barreda - Transportation

Jim O'Connor - Transportation

Pat Scanlon - Transportation

## Nahant COA Board of Directors

Nancy Gallo - Chairman

Angela Bonin—Vice Chairman

Emily Potts—Treasurer

Joseph Benson -Secretary

Sheila Hambleton

Linda Jenkins

Carol Sanphy

Marcia Divioll

Lollie Ennis

## Friends of Nahant COA Executive Board

Linda Lehman - Co-President

Lana Mogan - Co-President

Mary Irene Dickenson - Treasurer

Margaret Silva - Secretary

Nahant Senior Center is located at:  
334 Nahant Road  
Nahant, MA 01908  
(Lower Level of Town Hall)

Tel.# 781-581-7557

Visit us at:  
[www.nahantcouncilonaging.org](http://www.nahantcouncilonaging.org)

## From the Director,

When I think of April, I think of spring and rebirth. The flowers and trees are coming back after the winter. The days are getting longer and our outdoor activities are beginning. We have been lucky this year to have been spared the large snow storms of past winters. We even enjoyed some record warmth in February. Global warming at its best. However, even though we enjoyed the mild winter, our plants and trees will probably suffer. Look what happened to the Cherry Blossom trees in Washington D.C., last year.

For those who have been wondering about the Community Garden, I am happy to report that the COA has its own little corner of Nahant at the Community Garden. Beginning in April, we will be planting seeds at the Town Hall for planting in our beds. Our plan is to plant flowers for our dining room tables and vegetables & herbs for our kitchen. We are currently looking for volunteers to help with our four beds and the tree the COA planted on Earth Day 2016. If you are interested please contact me.

Every year on April 22<sup>nd</sup> we observe the birth of the modern environmental movement called Earth Day. On this day, we attempt to take care of our little corner of the earth. The COA is committed to recycle, reuse, restore, replenish and reduce. We already have moved from paper plates, Styrofoam coffee cups and plastic cutlery to regular dishes, coffee cups and silverware that we wash and reuse. This year, we will attempt to eliminate the plastic bags from our center.

Linda Peterson  
Executive Director



## Tiffany Room Hours

April 2017

Monday-Friday 9:00-1:00

CLOSED

Monday, April 17. Patriot's Day



## TRIPS AND EVENTS.....ON THE GO

<b>Thurs., April 6</b>	<b>Beacon St. Café</b> at North Shore Community College, Middleton. Enjoy a delicious buffet lunch prepared by the students at the Culinary Arts and Food Service Program. The buffet includes a starter, entree, dessert and bread. Cost is \$7 which includes the tip. The bus leaves the Tiffany Room at 10:00 for an 11:00 reservation.
<b>Thurs., April 13</b>	<b>Boston Public Library, Art and Architecture</b> tour highlights the architecture of its famed Central Library buildings by Charles Follen McKim and Philip Johnson as well as the art treasures within, including works by Daniel Chester French and John Singer Sargent. The cost of our private guided tour is \$10.00. Our bus will leave the Tiffany Room at 10:00 for an 11:00 tour. We will stop for lunch on the way home.
<b>Wed., April. 19</b>	<b>Red's and Shopping.</b> Danvers Crossing Shopping Center. After lunch at Red's on Rt. 1, we'll spend a little while shopping at Danvers Crossing (Ann & Hope Outlet, Big Lots, Dollar Tree). The bus will leave the Tiffany Room at 10:45.
<b>Wed., April 26</b>	<b>Wolf Hill Garden Center, Ipswich.</b> In honor of Earth Day, join us as we explore the huge collection of home décor gifts and garden treasures at Wolf Hill Garden Center. Enjoy a delicious lunch at the Clam Box. The bus will leave the Tiffany Room at 10:00am.

## ANNUAL TOWN MEETING

**Saturday, April 29, 2017**  
**Open Town Meeting 12:30**  
**Polls open 7am-8pm**



**Last day to register to vote for Town Election and Town Meeting is Friday April 7, 2017. Hours 9:00 A.M. until 8:00 P.M. Town Clerk's office bring ID. Or register online [www.registertovotema.com](http://www.registertovotema.com)**

## COMING ATTRACTIONS

<b>Mon., May 1</b>	<b>Museum of Fine Arts. Art in Bloom,</b> This joyous rite of spring pairs fine art and floral design with offerings of free guided tours among MFA treasures, plus workshops, demonstrations, and lectures. Garden clubs and professional designers from across New England create floral arrangements inspired by the MFA's works of art. Admission to the Museum is \$23.00. The bus will leave the Tiffany Room at 9:30. We will make a lunch stop on the way home!
<b>Thurs., May 4</b>	<b>Healthy Eating for Successful Living.</b> An introduction and informational presentation to a nutrition workshop for older adults that will be offered at the Tiffany Room and sponsored by GLSS Wellness Pathways. 10am. See page 7 for more details.
<b>Wed., May 10</b>	<b>Loretta LaRoche, Stoneham Theatre.</b> <b>Loretta LaRoche</b> is an acclaimed speaker, author and international stress management and humor consultant who has evoked wit and irreverent humor on her audience for over 30 years. Tickets for this enjoyable, stress-free afternoon is \$40.00. The show begins at 2:00. The bus will leave the Tiffany Room at 12:30.
<b>Thurs., May 18</b>	<b>Polcari's and Christmas Tree Shop.</b> Lunch at Polcari's on Route 1 then on to the Christmas Tree Shop for an afternoon of shopping fun! The bus leaves the Tiffany Room at 11:00am.
<b>Thurs., May 25</b>	<b>Workshop: Preparing for Medicare.</b> One hour presentation and discussion led by a Blue Cross Blue Shield representative, geared towards individuals approaching Medicare Eligibility.
<b>Fri., May 26</b>	<b>Memorial Day Celebration.</b> Kick off the summer with our first cookout of the season. Enjoy lunch and Nahant's spectacular view from the Dory Club. Entertainment provided by Tommy Rull. Cost \$10.

## HAPPENINGS AROUND TOWN

- Wed., April 5** **Nahant Lions Italian Night**, at the Knights of Columbus. You are cordially invited to enjoy our 7th annual authentic home cooked Italian dinner prepared by Mary Miner and her committee. The proceeds of the event which will be donated to eye research. The cost of the event is \$20.00 pp, cash bar, raffles. Cocktails at 6:30, dinner at 7:00 p.m. RSVP by March 29. Tickets available by calling Mary Miner at 617-515-7870 or K.K. Sherber at 781-727-7447.
- Fri., April 7** **Nahant Village Church Breakfast with Town Administrator, Jeff Chelgren**. He will present the Nahant FY 2018 budget and review the articles to appear on the Annual Town Meeting warrant. This budget and warrant presentation has become an annual event designed to provide the voting public with advance information related to voting. The free breakfast held at the Nahant Village Church starts at 8 a.m.
- Fri., April 21** **Foxwoods Resort Casino**. Bus leaves Ocean Shores, 50 Lynnway, Lynn, 7:00am SHARP. Bus leaves Foxwoods at 5:30 pm. Cost is \$27.00. Payment must be received by April 10. For more information contact EMMA at 781-598-2169. Emma will be available at Ocean Shores on Monday, April 10 from 12:00 - 2:00 to collect payments.
- Fri., April 28** **Annual Riser Lecture: Coastal Ecosystems in Changing Times, Northeastern Marine Science Center. 4:00pm**. Dr. Linda Deegan, Senior Scientist, Woods Hole Research Center. FREE
- Sun., April 30** **Concert at Nahant Village Church. 4:00pm**. The Boston Saengerfest Men's Chorus celebrates its 25<sup>th</sup> anniversary with a concert to benefit the Nahant Village Church. The concert will feature Nahant's own favorite international soprano soloist, Ute Gfrerer. The Chorus has recently returned from a concert tour to Wales and London's Royal Albert Hall. Tickets are \$25 and can be obtained through the Village Church website (nahantvillagechurch.org), calling 781-581-1202 or at the door. This is a NOT TO MISS EVENT.
- July 31-Aug. 4** **Johnson School Explorer's Camp. Ecology-Art-Building-Models-robotics-Math**. One week camp for children entering grades 1-7. Morning or afternoon sessions are available. More details will be in next month's newsletter. Registration is required, but campers do not have to be a Nahant resident. For more information contact Paul Kelly at the Johnson School.

## 2017 PARKING STICKERS

2017 Parking Stickers are for use by residents whose car(s) is registered and garaged (pay excise tax) in Nahant. The sticker is required to park in the lots/spaces around town. All **outstanding bills** with the Town must be paid in full to purchase a sticker. A **completed 2017 census** must be on file with the Town Clerk.

### **Stickers Are Not Available At Town Hall.**

The cost of the 2017 Parking Sticker is \$10, and are available for purchase **online**.

Access the application through the Nahant website, or visiting  
<https://nahantstickers.cityhallsystems.com/>



If you do not have access to a computer, you can pick up the **Parking Sticker Application at the Treasurer's Office.**



The COA will be happy to help you register for a sticker at the Tiffany Room during office hours.



If you have any questions, see the Frequently Asked Questions (online), or call City Hall Systems at (508) 381-5456. For general questions, the Treasurer's Office is available at (781) 581-0018.



# OUTREACH



In an effort to meet our Mission the Nahant COA provides a variety of services to the members of our community and surrounding areas.

## NAVIGATE NAHANT

The Nahant Public Library in collaboration with the COA is pleased to provide home delivery system to our library patrons. **Navigate Nahant** brings library materials to individuals who are unable to come to the library due to illness, disability or restricted mobility. This is FREE of charge and is available on a long-term or short-term basis.

Contact the Library at 781-581-0306 to sign up for the **Navigate Nahant Program**.

## VETERAN'S FOOD PROGRAM

If you are a veteran, widow or widower, or dependent of a veteran, the **Food Distribution Program** in partnership with the COA provide monthly delivery of fresh and non-perishable foods. The food distribution program is held the first Wednesday of the month from 10:30-11:30 at the Town Hall. For more information please contact Veteran's Service Officer, Jon Lazar at 781-581-0018, or 781-599-1948.

Are you or someone you know in need of medical equipment? The COA has a variety of **medical equipment for loan** to members of the Nahant community. Contact the COA office to inquire about availability.

Keep on top of your health with our **monthly medical clinics**. Nurse Beverly Carr is here on the third Thursday of the month for Blood Pressure checks. Podiatrist, Dr. Mark Sanphy is also available for appointments here at the Tiffany Room. Call the COA for dates and times. Or check our monthly newsletter. Make your appointment soon!

781-581-7557

The Nahant COA has become a host site to assist the **Massachusetts Registry of Motor Vehicle** in some simple online transactions. You can renew your license, registration or make a change of address here at the Tiffany Room. To schedule an appointment call the COA at 781-581-7557.

## YOUR SHINE REPRESENTATIVE

CHARLIE RANDALL

will be at the Tiffany Room on Wednesday, April 12, from 1:00 - 3:00.  
Make your personal appointment at the Tiffany Room.

## ATTORNEY GENERAL MAURA HEALEY: ELDER HOTLINE



Finding the answers to questions about elder issues can sometimes be confusing. The Attorney General's Office has a statewide, toll-free telephone hotline to assist individuals on a wide range of elder issues. The number to call is:

**1-888-243-5337**

**TTY: (617) 727-4765**

The Elder Hotline is available to callers Monday through Friday, from 9:00 a.m. to 5:00 p.m. The hotline provides a valuable service to Massachusetts' senior citizens, their families, and others seeking information about elder-related issues and programs throughout the Commonwealth. The hotline, which is staffed by senior volunteers, provides dispute resolution services and is a comprehensive resource for information and referral on a full range of concerns. (Some) common concerns include:

- Debt and debt collection practices
- Health insurance
- Home improvement
- Landlord/tenant issues
- Long-term care insurance
- Scam awareness
- Telemarketing

## NEWS FROM THE MASSACHUSETTS REGISTRY OF MOTOR VEHICLES/ DOT

Medical Affairs is a division of the Registry of Motor Vehicles (RMV). Medical Affairs has 2 main functions:  
The issuance of disabled plates and placards; and  
Set policy and procedures regarding minimum physical qualifications to operate motor vehicles.

### DISABLED PLATES AND PLACARDS

Medical Affairs issues disabled plates and placards to qualified Massachusetts residents who meet our eligibility criteria. The eligibility criteria to obtain a disabled plate or placard were developed in consultation with the RMV's Medical Advisory Board and in accordance with federal guidelines governing the issuance of disabled plates and placards.

If you currently have a handicapped placard or plate on your vehicle, here is a list of a few Do's and Don'ts that you might want to consider:

#### DO...

- Display your placard while in a HP location. **(hung from the rear view mirror facing towards the front of the vehicle)**
- Obey all parking rules and regulations
- Realize that your disabled parking privileges exempts you from parking meter fees in Mass.
- Park in a HP location when you need to exit the vehicle.

#### DO NOT...

- **Drive while your disabled placard is hung from your rearview mirror. Subject to fine.**
- Let anyone use your disabled parking privileges.
- Use your placard if you are not exiting the vehicle.
- Park in cross-hatch areas (Zebra Stripes) They are reserved for van ramp/lift access. \$100-\$300 fine.
- Park illegally. You will be subject to fines.

**Beginning April 1, 2017 we will reject all Applications (for HP placards) not completed on the new form T20060-0117.**

Nahant Council on Aging currently has applications on hand for a number of different purposes. For further information regarding applications for plates and placards, you may contact the RMV at 857-368-8000.



## TIFFANY CAFÉ LUNCH PROGRAM

**Served everyday at 11:30 - 12:30**  
**Reservations required 24 hours in advance. 781-581-7557**  
 Cost - \$3.00

### FOOD SHOPPING PROGRAM

Tuesday	Apr. 4	Market Basket and Vinnin Square	12:30 P.M.
Tuesday	Apr. 11	Market Basket and Vinnin Square	12:30 P.M.
Tuesday	Apr. 18	Market Basket and Vinnin Square	12:30 P.M.
Tuesday	Apr. 25	Market Basket and Vinnin Square	12:30 P.M.

### VETERAN'S FOOD PROJECT

<b>Apr. 5 2017</b>	<b>June 7 2017</b>	<b>Aug. 2 2017</b>
<b>May 3 2017</b>	<b>July 12 2017</b>	<b>Sept. 6 2017</b>

## Cold Strawberry Soup

This is an easy and delicious recipe that you can use all year long....but it is fabulous on a hot summer day! Serve it as an appetizer or dessert.

Recipe courtesy of Curtis Aikens

6 to 8 servings

### Ingredients

- 2 pints strawberries, washed and hulled
- 1 cup half and half
- 1 cup sour cream (yogurt)
- 1/3 cup sugar
- 2 tablespoons lemon juice

### Directions

1. In a blender or food processor puree strawberries.
2. Pour into a large bowl
3. Add half and half, sour cream, sugar and lemon juice.
4. Stir until well combined.
5. Chill.

Serve with garnish of mint leaves



## WELLNESS WORKSHOP - AT THE TIFFANY ROOM



DID YOU KNOW THAT.....Greater Lynn Senior Services, aka GLSS offers more than just information medical help, meals on wheels, rides, etc? GLSS has a program called WELLNESS PATHWAYS. The program offers 6 or 8 week workshops on four very important topics:

- Diabetes Self Management
- My Life, My Health
- Matter of Balance
- Healthy Eating For Successful Living

Several years ago, Nahant COA participated in Matter of Balance which is an eight week workshop. It was so successful we had 2 sessions. We would like to participate in another one of the workshops.

On Thursday, May 4<sup>th</sup> at 10:00 a.m. Kelsey Magnuson and her Wellness Pathways team will be at the Tiffany Room to conduct a 30 – 45 minute introduction to “Healthy Eating for Successful Living”.

**THURSDAY, MAY 4, 2017**

**10:00 AM**

### 2017 Scholarships

**The following Scholarships are now available. For applications or additional information, contact the organization or person below.**

Rona Brodsky Memorial Scholarship	Johnson School, 290 Castle Rd., Nahant, 01908 Swampscott High, 200 Essex St., Swampscott 01907
Thomas Hutton Scholarship	Johnson School, 290 Castle Rd., Nahant, 01908
*Nahant Democratic Town Committee Scholarship	Patricia McDevitt, 356 Nahant Rd., Nahant 01908
*Garden Club Academic Scholarship	Jeannie Buckley, 7 Walton Rd., Nahant, 01908
Cpt. Jennifer J Harris Scholarship (2)	Swampscott High, 200 Essex St., Swampscott 01907
*Charles Kelley Scholarship	Nahant Board of Selectmen, 334 Nahant Rd., Nahant
*American Legion Scholarship	American Legion, PO Box 82, Nahant, 01908
*Lions Club Educational Grant	Mark Reenstierna, PO Box 212, Nahant, 01908
*Dr. Robert J Munnely Memorial Scholarship	MaryJo Ludke, 4 Highland Ave., Nahant 01908
*Teachers Association Scholarship	Johnson School, 290 Castle Rd., Nahant, 01908
**St Thomas Aquinas Scholarship	Linda Lehman, 362 Nahant Rd., Nahant 01908
**Bill & Dolores Perry Scholarship	Linda Lehman, 362 Nahant Rd., Nahant 01908
*Women’s Club Education Award	Ruthanne Switzer, 18 Harbor View Rd., Nahant 01908
Youth Soccer Scholarship	Johnson School, 290 Castle Rd., Nahant, 01908
“Buck” & Matt Lombard Memorial High School Scholarship (to St. Mary’s)	John Lombard, 14 Fenno Way, Nahant, 01908

**\*NAHANT RESIDENTS ONLY    \*\*PARISH MEMBER AND RELIGIOUS ED ATTENDEE**



**Tiffany Café Menu**  
**April 2017**  
*"One should eat to live not live to eat"*  
*~Moliere~*



Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Soup Egg, Bacon, Cheese Bagel Sandwich Fries	<b>4</b> Tortellini Lasagna Garlic Bread Cesar Salad	<b>5</b> Homemade Chicken Pot Pie on a Flakey Biscuit	<b>6</b> Beacon Street Café Tiffany Room Closed for Lunch	<b>7</b> Carrot Soup Smoked Salmon and Leek Quiche Salad
<b>10</b> Waffles Breakfast Sausage Scrambled Egg/ Hash Brown Cups Fruit Salad	<b>11</b> Pot Roast Potato, Vegetable Salad Rolls	<b>12</b> Pork Tenderloin with Apples and Onions Potato Vegetable	<b>13</b> Fettucine Alfredo Salad Garlic Bread	<b>14</b> Salad Clam Chowder Clam Cakes Corn Bread
<b>17</b> 	<b>18</b> Stir Fry Chicken and Vegetables Rice Salad	<b>19</b> Meatball Stew Potato Green Beans Roll	<b>20</b> Baked Ham Scalloped Potato Vegetable Corn Bread Salad	<b>21</b> Salad Mac and Cheese Smoked Sausage Vegetable
<b>24</b> Bacon Cheese- burger Tater Tot Casserole Vegetable Rolls Salad	<b>25</b> Soup Pulled Pork Sandwiches Fries	<b>26</b> Salad Chicken Cacciatore Over Pasta Garlic Bread	<b>27</b> Meatloaf Mashed Potato Broccoli	<b>28</b> Baked Haddock Vegetable Rissoto
		<b>Earth Day</b> <b>April 22</b>	<b>All lunches served</b> <b>with:</b> <b>Milk</b> <b>Bread &amp; Butter</b> <b>Dessert</b>	<b>Menu is subject to</b> <b>change</b>



## HEALTH AND WELLNESS

Monday	Apr. 10	9:30 a.m.	Hair Styling (sign up required)
Tuesday	Apr. 11	9:30 a.m.	Manicurist (sign up required) \$10.00
Thursday	Apr. 20	10:00-11:30 a.m.	Blood Pressure Clinic
Tuesday	Apr. 25	9:30 a.m.	Manicurist (sign up required) \$10.00

### EXERCISE/ACTIVITIES

Monday	9:00 a.m.	Yoga (\$5.00)	Tiffany Room
Monday, Wed., Fri.,	9:00 a.m.	Total Body Exercise	Community Center
Monday	4:30 p.m.	Yoga (\$5.00)	Community Center
Tuesday	9:00 a.m.	Quilting, Crafts, crocheting	Community Center
Tuesday, Thursday	10:30 a.m.	Chair Exercise	Tiffany Room
Tuesday, Thursday	5:00 p.m.	Mat & Stretch Class	Community Center

## PUZZLE OF THE MONTH!



### ACROSS

1. The outer layer of the Earth
6. Transport commercially
10. Sprightly dances
14. Hawaiian veranda
15. Unit of pressure
16. Margarine
17. Growing old
18. Double-reed woodwind
19. Command (archaic)
20. Seafront
22. Cashews and almonds
23. Before, poetically
24. Anxious
26. Difficult to please
30. Brackish
32. Seasonings
33. Cruller or fritter
37. Angers
38. Rural area (British)
39. Dogfish
40. Front wheel of a plane
42. Hides
43. Churns
44. Grow feathers
45. Large black bird
47. French for "Summer"
48. Madly in love
49. An open letter

### DOWN

- |  |  |  |  |
|--|--|--|--|
| <ol style="list-style-type: none"> <li>1. Talon</li> <li>2. Indian music</li> <li>3. Module</li> <li>4. Rational</li> <li>5. A female tiger</li> <li>6. Shop</li> <li>7. Vagabond</li> <li>8. Weightlifters pump this</li> <li>9. Made attractive</li> <li>10. Pancake-style cornbread</li> <li>11. Blockage of the intestine</li> <li>12. "Beau ____"</li> <li>13. Drunkards</li> </ol> | <ol style="list-style-type: none"> <li>21. Cook in hot oil</li> <li>25. Terminate</li> <li>26. Protruding part of the lower jaw</li> <li>27. Protagonist</li> <li>28. Mining finds</li> <li>29. A formal event</li> <li>30. Hillsides</li> <li>31. Small brook</li> <li>33. Sense</li> <li>34. Among</li> <li>35. Monarch</li> <li>36. Leisure</li> <li>38. Neighed</li> </ol> | <ol style="list-style-type: none"> <li>41. Suffering</li> <li>42. Roomette</li> <li>44. Faster than light</li> <li>45. Audio communications</li> <li>46. Discrimination against the elderly</li> <li>47. S S S S</li> <li>48. Deities</li> <li>50. River of Spain</li> <li>51. Fermented grape juice</li> <li>52. Tropical tuber</li> <li>53. Anagram of "Wort"</li> <li>54. Anagram of "Sees"</li> <li>55. Marsh plant</li> </ol> | <ol style="list-style-type: none"> <li>56. Norse god</li> <li>57. Nile bird</li> <li>58. Analyze syntactically</li> <li>59. Platter</li> <li>60. Sea eagle</li> <li>61. Jagged</li> <li>62. A few</li> <li>63. Accomplishes</li> <li>64. Propelled with</li> </ol> |
|--|--|--|--|

Solution on pg. 12



## New England Garden and Flower Show



Congratulations to Marie Ford!  
Your arrangement was Spectacular!



## Edge of the Tide

by Polly Bradley

Emerging from primordial barbarism  
To settle all the earth, wide-eyed,  
Humanity achieves civilization,  
Dwelling at perilous edge of the tide.

Survival requires seashore skills,  
Withstanding mindless hurricane shock,  
Clever, watchful hermit crab scurrying,  
Strength of barnacles glued to rock,

Careful hiding of periwinkle  
Pliancy of swaying seaweed  
Wisdom for enduring periodic  
Waves of savagery and greed.



© Copyright Polly Bradley  
Drawing © Copyright Jackie Diehl Singer

Thank you to Friends for generously supporting  
the paint party held at the Tiffany Room on Feb 1.  
We had a wonderful afternoon!



## Friends of Nahant COA Executive Board

# FRIENDS

Linda Lehman - Co-President

Lana Mogan -Co- President

Mary Irene Dickenson - Treasurer

Margaret Silva Secretary

Friends meet the second Wednesday of each month.

FIN COM ROOM, TOWN HALL 10:00

# CORNER

## Help Support the Friends of the Nahant Council on Aging

Please accept my tax-deductible donation as a supporting member:

\_\_\_\_ Individual \$10.00      \_\_\_\_ Good Friend \$25.00      \_\_\_\_ Great Friend \$50.00

Name \_\_\_\_\_ Address \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Please accept my tax-deductible donation of \$ \_\_\_\_\_ In memory of \_\_\_\_\_

Person's name \_\_\_\_\_ In honor of \_\_\_\_\_

Donated by \_\_\_\_\_ In appreciation of \_\_\_\_\_

Address \_\_\_\_\_

Please make checks payable to: **Friends of Nahant Council on Aging**

334 Nahant Road, Nahant, MA 01908

## BIRTHDAY CELEBRATIONS

April 1, - Anne Bromer, Karen Rodgers, Cynthia Manning, Deborah Quinn, Mary Smith, Linda Stanford  
 April 2, - Joanna Reardon, Chesley Taylor, James Houlihan, Margaret Ann Peterson  
 April 3, - Grace Scott, Margaret Desjardins, Terence Olmstead, Margaret O'Neill  
 April 4, - Judith Walsh, Mary Walsh, Pamela Morse, Mark Taylor  
 April 5, - Carolyn Jundilo-Comer, David Livingston, Gail Hannagan, Jean Mazzaferro, Vincent Ferraro, Robert Finkenaure  
 April 6, - Mary Ann Quinlan, William Lowell  
 April 7, - Neil Callahan, Susan Lewis, Joseph Dantona, AnnMarie Dwyer  
 April 8, - James Connolly  
 April 9, - Beatrice Rodgers, Terry Brown  
 April 10, - Ione Hansell, Christopher Myer, Michael Geaney, Dianne Lee-Urany, Linda Landry, Leslie Tarmy, Karen Patrick, William Szczawinski, Ann McNulty  
 April 11, - Elaine McDonald, Daniel Myers, Mary MacDonald, Judith Herrick  
 April 12, - Arlene O'Neill  
 April 13, - Gretchen Szczechowicz, John Dolhun, Richard Woodworth, Daniel Dill, Dale Connors  
 April 14, - Anthony DeLuca, G. MacNaughton, Richard Poulin  
 April 15, - Clara Tyler, David Lass, Lynn McKnight, David Liscio, Raymond Kenyon  
 April 16, - Robert Brangon, Rene Desjardins, Jean Gerstenhaber  
 April 17, - Dorothy Morley, Paul Bertrand, Diana Brandi, Robert Silva, Kathleen Welch, Thomas Dowd  
 April 18, - John Donahue, Frank McCarthy, Nancy Carey, Bruce Walker, Dimitrios Christoforidis  
 April 19, - Suzanne Tarlov  
 April 20, - Philip Oesterlin  
 April 22, - Mary Livingston, Kerry Sullivan  
 April 23, - Rebeka Richardson, Ronald Gerstenhaber, Ellen Kutcher, Teresa Brown, Robert Lareau  
 April 24, - Angeliki Kourkoulis, Joseph Moccia, Joy Pechinsky Spinelli, Christopher Rizzo, Carl Jenkins  
 April 25, - Wayne Putnam, Thomas Hambleton, Thomas Hosker, Patricia McDonald, Sharon Rocha  
 April 26, - Kristin Lee, Linda BelloFatto, Margaret Brown, Mary Jo Sanborn, Juan Montes  
 April 27, - Robert Alexander, Frederick Bartlett, Francine Litro  
 April 28, - Marie McDuff, Lorraine O'Keefe, Phillip Hitch, Richard Kane, Karen Kautz  
 April 29, - Frank Cardile, Kathryn Famulari, MaryLou Archer  
 April 30, - Virginia Carlson, Linda Lehman, Yvonne Donovan, Charles Shilas, Mark Pillsbury, Savina Whitney, Emory Decastro

Would you like to have an event or  
 other information included in next  
 month's Tiffany Times?

Please submit your article to

Penny Morse at

[pmorse@nahant.org](mailto:pmorse@nahant.org),

or drop it off at the office.

