

FEBRUARY AT A GLANCE

Friday, February 2, NVC Community Breakfast. This month, Attorney Brian Snell will make a presentation regarding estate planning. Breakfast is served at 8:00am followed by the presentation. Transportation for elders to and from the breakfast can be arranged by calling the Nahant Council on Aging at 781-581-7557 a few days prior to the breakfast. See page 4 for details.

Monday, February 5, Art with Erica. 12:30. The Memory Café presents, Watercolor, Ink and Cardmaking.

Brighten up your mood this winter season with watercolors and ink. In a few steps, you'll learn how to paint a background and draw flowers on top of them. You'll leave this workshop with a card in hand to send to a friend! See page 5 for details.

Tuesday, February 6, Maple Street Bistro. The Maple Street Bistro is a student -run facility with fresh food prepared daily at the Essex North Shore Agricultural and Technical High School. The menu has been tailored to our group and includes a salad, an entrée, a beverage and a dessert for \$16.00. Sign up at the Tiffany Room. See page 5 for more details.

Thursday, February 8. L.E.O. Fuel Assistance. 9:30-11:30. Representatives from L.E.O. will be at the Tiffany Room to help you apply for fuel assistance for this winter season. See page 6 for details. Sign up at the Tiffany Room for an appointment.

Wednesday, February 14, The Memory Café presents, Music After Lunch. 12:30.

Love to sing? So do we! We have a great group of vocalists who enjoy spending an afternoon making music together. Come join us! Sponsored by the Memory Café. Tiffany Room, Town Hall.

Thursday, February 15, Tiger's Den. 10:45. The Tiger's Den Restaurant is welcoming in the new year and we have reserved seating! Join us there or reserve a seat on the bus! Please make your menu choices in advance. Pick up your menu at the Tiffany Room. Sign up in advance, please, at the Tiffany Room.

Friday, February 16, Movie: Return to Me.

A man who falls in love with the woman who received his wife's heart must decide which woman it is who holds his heart. Minnie Driver, David Duchovny, Robert Loggia, Carroll O'Connor.

Popcorn will be served. Reserve your seat by signing up at the Tiffany Room.



Wednesday, February 21, Paint Party with Marty Taylor. Warm up a chilly February afternoon at the Tiffany Room painting your cares away. Let's see what you can create! Sign up is required. \$20 materials fee.