

May 2025 Nahant Tiffany Times

*Nahant Council on Aging
Our Mission*



*"The mission of the Nahant Council on Aging is to provide **physical, emotional, and mental stimulation** enabling those sixty and over to achieve engaged and fulfilling lives in a safe environment."*

Hi All!

Welcome to May and Happy Older Americans Month. Every May, the Administration for Community Living (ACL) leads the nation's observance of Older Americans Month (OAM), a time to recognize older Americans' contributions, highlight aging trends, and reaffirm our commitment to serving older adults.

The 2025 theme, Flip the Script on Aging, focuses on transforming how society perceives, talks about, and approaches aging. It encourages individuals and communities to challenge stereotypes and dispel misconceptions. This year, join us in honoring older adults' contributions, exploring the many opportunities for staying active and engaged as we age, and highlighting the opportunities for purpose, exploration, and connections that come with aging.

At the Nahant Council on Aging, it is all about flipping the switch. Although aging in our culture is often equated with decline, the stereotypes we learned at an early age just are not true. There can be many challenges at any age. More and more we see the many contributions older residents make to our community. Our goal here is to provide as much support possible and to encourage all achievements big or small.

May is a busy month. We are traveling to Concord for lunch and then to Lexington to ride the Liberty Ride Trolley to celebrate the 250th anniversary of the start of the Revolution. There is limited seating so please call in advance to reserve your seat for both lunch and the trolley. We are also adding an extra music session to our sing along. Please check our events page for dates. We celebrate Mother's Day and Memorial Day with lunches in the Tiffany Room. Please join us and call to sign up. We travel to Lynn Tech and the Tiger's Den for the end of the school year lunch. Reservations required. Lots to do this month and more to come. Let's get cracking !

~ Mary

ATTENTION!
BEGINNING JULY 1, 2025
IN ORDER TO MAINTAIN
THE QUALITY OF OUR
LUNCH PROGRAM,
THE COA WILL BE
INCREASING THE COST OF
LUNCH FROM

\$4.00
TO
\$5.00

*Nahant Council
on Aging*
Mon.-Fri. 10am-2pm
CLOSED
Mon. May 26, 2025

Nahant Senior Center is located at:
334 Nahant Road
Nahant, MA 01908
(Lower Level of Town Hall)

Tel.# 781-581-7557

MAY AT A GLANCE

Friday, May 2, 2025. NVC Community Breakfast. This month's breakfast will feature a presentation by our Town Administrator, Tony Barletta. He will give us an overview of the upcoming Town Meeting. Please join us for a hearty breakfast and wonderful camaraderie. See page 7 for details.

Friday, May 9, 2025. Mother's Day Luncheon. Please join us as we gather with friends and neighbors to celebrate all the mothers who have been a part of our lives. Let's recognize their hard work and devotion to family. Registration is required. Please sign up at the Tiffany Room. \$10.00

Thursday, May 15, 2025. Tiger's Den. Join us at the Tiger's Den or reserve a seat on the bus! This will be our last trip to LVTI for this school year. All menu items are \$15.00 per person for our group. Please sign up in advance at the Tiffany Room.

Sunday, May 18, 2025. Lexington Field Trip. On this 90-minute Liberty Ride Trolley Tour, an entertaining and knowledgeable guide in authentic period dress will provide you with historically accurate information about the Battles of Lexington and Concord, as well as everyday life in Colonial America. While travelling in the Liberty Ride Trolley, you will see historic sites and attractions in both Lexington and Concord that bring you back to colonial America when the United States began. A reduced ticket price of \$15.00 is made possible by the Friends of Nahant COA. Seating is limited. Sign up at the Tiffany Room. The bus leaves the Town Hall at 10:00am. See page 6.

Friday, May 23, 2025. Memorial Day Cookout. Let's gather to remember those who have served, and celebrate the unofficial beginning of summer. \$15.00. Registration is required. Sign up at the Tiffany Room.

Friday, May 30, 2025. NVC Community Breakfast. June's monthly breakfast will be held in May. It will feature a presentation from Nahant native, Kathy DeStefano, a scuba diver and instructor, as well as a passionate environmentalist. See page 7 for details.



Nahant Council on Aging is offering free transportation to Market Basket every other Monday. Seating is limited. Reservations are required.

Sign up at the Tiffany Room.

Check the events calendar for dates and times.



Dr. Chabot from Atlantic Care, Inc. will conduct a hearing clinic at the Tiffany Room on a bi-monthly basis. The next appointment is

Thursday, May 22, 2025.

Call 781-581-7557 for an appointment.



Dr. Fernandez will be available in the Tiffany Room

Wednesday, May 21, 2025

Call 781-581-7557 for an appointment.



Attorney, Brian Snell is available for legal consultation in June.

Call 781-581-7557 to book an appointment.

Blood Pressure Clinic at the Tiffany Room every 3rd Wednesday of the month from 10:00-11:30.



Wednesday, May 21, 2025

No appointment required.



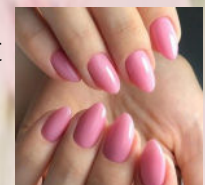
Monday	Closed
Tuesday	10:00-7:00
Wednesday	10:00-5:00
Thursday	10:00-7:00
Friday	10:00- 5:00
Saturday	12:00-3:00
Sunday	Closed

Phone: 781-581-0306

email us at nahant.circ@gmail.com

Manicures will be available on Friday, May 2, 16 and 30 at Town Hall.

Sign up for an appointment at the Tiffany Room.





OUTREACH



In an effort to meet our Mission the Nahant COA provides a variety of services to the members of our community and surrounding areas.

TRANSPORTATION OPTIONS:

TRANSPORTATION OPTIONS:

“THE RIDE.”

Transportation to anywhere you want to go for any reason.

If you have a doctor-certified disability prohibiting you from using public transportation, you're eligible for affordable door-to-door service 365 days a year, throughout the N. Shore and Greater Boston area, thanks to the MBTA's "THE RIDE."

For more information:

Visit the MBTA on line at www.mbta.com/the ride

Call the MBTA at:

617-337-2727

Podiatrist, Dr. Fernandez is available for appointments here at the Tiffany Room.

Check our monthly newsletter for dates and times, and call 781-581-7557 to make your appointment.

781-581-7557



Attorney, Brian Snell is available for legal consultation.

Call 781-581-7557 to book an appointment.

NAVIGATE NAHANT

The Nahant Public Library in collaboration with the COA is pleased to provide home delivery system to our library patrons. **Navigate Nahant** brings library materials to individuals who are unable to come to the library due to illness, disability or restricted mobility. This is FREE of charge and is available on a long-term or short-term basis.

Contact the Library at 781-581-0306 to sign up for the **Navigate Nahant Program**.

“CAREGIVER CONNECTIONS”

A place of welcome, to support those who care for people living with memory loss

Meeting every 3rd
Tuesday, 11:00-12:00
Nahant Village Church
27 Cliff Street, Nahant
781-581-7554

This program is made possible by:
Nahant Council on Aging
Nahant Village Church
GLSS

If you have any SHINE questions, you can contact

Mystic Valley Elder Services
300 Commercial St. #19, Malden , MA 02145
781-324-7705
www.mves.org

SHINE questions can be left for the program by calling 781-324-7705 and asking to speak with a Counselor on duty or leaving a message for the next counselor on duty. Counselors are not always available on a daily basis but calls are returned ASAP.



Taking Care of Yourself

It has come to my attention that as we get older, more of our time is spent in caring for ourselves. Doctor's appointments were rare but now they seem to be weekly, and more doctors need to be seen. The aging process does take its toll on our human bodies, but unlike generations past, we have the availability of talented physicians and most of us have adequate insurance coverage that allows us to afford good care.

We are fortunate enough to have specialists for almost every body part to keep all systems going correctly. We have Physical therapists to tune us up and strengthen us after illness or surgery. We also have chiropractors, acupuncturists, myofascial release therapists, and other upcoming methods of treatment. It all takes time and effort, but the results are usually worth it.

We also need to keep thinking about what we should be doing for ourselves. We are encouraged to eat healthy foods with good protein content and not much sugar, and to keep our weight in a reasonable range. We are encouraged to exercise several times a week to keep our joints limber, our balance good, and our circulation optimal so we can keep moving as we age. And don't forget to take your prescribed medications as scheduled. You can see all the doctors you want but you need to follow up with their recommendations. I find that a weekly pill box is the simplest way to remember to take medications correctly. Just once a week, put all your days pills in the daily slots. This saves time opening all the bottles every day and also lets you know if you remembered to take them or not. And don't forget those vaccinations that are available to us now and have saved so many lives over the years. The most important for seniors currently are Pneumonia, Flu, RSV, COVID, and Shingles. Most of these are not yearly. Check with your pharmacist or doctor. But with all medications, not everyone tolerates a medication or a vaccination. They offer good protection for the majority of people, but not for everyone.

To help us accomplish all this, to live longer and happier lives, most of us have "health care for seniors", or Medicare. Medicare has not been around long. It was established in 1965 by President Lyndon Johnson. It took 20 years for congress to enact it after it was proposed by Harry Truman. So let's value the health care that we have. No, it is not perfect, and it can be improved upon, but keeping people healthy is cheaper than the caring for the seriously ill.

Stay well.

Anna Marie Manzano R.N.



LIBERTY RIDE TROLLEY TOUR

SUNDAY, MAY 18TH

**HOP ABOARD THE LIBERTY RIDE AND
TRAVEL BACK IN TIME!!**

**REDUCED PRICE PER PERSON: \$15.00
FOR THE TROLLEY TOUR**

***PRICE FOR LUNCH AT THE
CONCORD'S COLONIAL INN IS
SEPARATE**

****BUS LEAVES TIFFANY ROOM AT
10:00 AM**

JOIN US IN THE TIFFANY ROOM FOR A MOTHER'S DAY BREAKFAST FOR



**FRIDAY, MAY 9, 2025
AT 12:00PM
10.00 PER PERSON.**



JOIN US IN THE TIFFANY ROOM

**FOR A MEMORIAL DAY
COOKOUT**

(Catered by Brett Henry)

FRIDAY, MAY 23RD

AT 12:00 PM

Sign up at the Tiffany Room.

\$15.00 per person



LUNCH AT THE TIGER'S DEN

THURSDAY, MAY 15, 2025

**BUS WILL LEAVE
TIFFANY ROOM AT
11:00AM.**

\$15.00 Per Person

Nahant Community Breakfast



**BUDGET & TOWN
MEETING
OVERVIEW
WITH TOWN
ADMINISTRATOR
TONY BARLETTA**

Friday, May 2, 2025, 8 a.m.
Nahant Village Church, 27 Cliff Street

All are Welcome

Arrangements for transportation of elders to and from the breakfast
may be made by calling the Tiffany Room (781-581-7557)
a few days in advance of the breakfast

BREAKFAST WITH TONY

You are cordially invited to the next Nahant Community Breakfast to be held on Friday, May 2nd at 8 a.m. It will feature a presentation by Town Administrator, Tony Barletta, who will provide an overview of the Town's budget and the warrants to be voted on at the upcoming Town Meeting. These presentations have become an annual event since Tony became our Town Administrator in 2018. This will be his last presentation since he will be leaving Nahant to start as the new Town Administrator of Manchester-by-the Sea the beginning of July.

Please join us to express our gratitude for all that Tony has done for our Town in the past seven years and to wish him well in his new position. He will be greatly missed.

Feel free to invite family and friends to a hearty breakfast, an informative talk, and wonderful camaraderie. Breakfast is served at 8 a.m. with the presentation starting at about 8:15.

Transportation of elders may be arranged by calling the Tiffany Room a few days in advance. Their telephone number is 781-581-7557. We greatly appreciate the Council of Aging's willingness to make this service available to our elders. Thank you, COA Director Mary and Patricia who is the driver.

We hope to see you at the May 2nd breakfast.

Cal and Marrit Hastings, Coordinators and Hosts

PLEASE NOTE THAT THE JUNE BREAKFAST WILL BE HELD ON THE LAST FRIDAY IN MAY (30TH) INSTEAD OF THE FIRST FRIDAY IN JUNE. It will feature a presentation by Katherine deStefano, a scuba dive instructor and operations manager of a scuba company in Miami. She is a passionate ocean and animal lover and will provide a personal account of environmental changes that she has observed in the 25 years that she has been in the Caribbean and Bahamas.

Caregiver "Connections"

a place of welcome, to support those who care for
people living with memory loss



Meeting every 3rd Tuesday

Beginning September 20

11:00 am — 12:00 pm

Nahant Village Church

27 Cliff Street, Nahant

For more information or to RSVP,

please call 781-581-7557

or email mminer@nahant.org

This program made possible by:

Nahant Council on Aging

Nahant Public Library

Nahant Village Church

Greater Lynn Senior Services

NAHANT'S
MARKET
BY THE
SEA

SATURDAYS

10AM-1PM @ FLASH ROAD PARK
JUNE 21ST, JULY 19TH, AUGUST 16TH AND SEPTEMBER 20TH

LOCAL VENDORS AND ARTISANS
JEWELRY & CLOTHING
POTTERY, HOMEMADE WARES, PAINTINGS
FOOD & REFRESHMENTS
AND SO MUCH MORE!

TO BECOME A VENDOR EMAIL KTAYLOR@NAHANT.ORG
OR VISIT THE MARKET PAGE AT NAHANT.ORG

SPRING LEAF PICKUP



Curbside leaf pick up will be offered on the following
Mondays: April 28th, May 5th, May 12th, May 19th
Tuesday, May 27th

Please have leaves in biodegradable bags **ONLY**.
Plastic bags will **not** be accepted.

NO open barrels. No roots, root balls or branches

Leaves must be at your curbside by 7 AM

Thank you! Nahant DPW 781-581-0026



ANNUAL TOWN MEETING

SATURDAY, MAY 17, 2025.

Nahant Town Hall, 334 Nahant Rd,
Nahant Massachusetts

**LAST DAY TO REGISTER TO VOTE
AT TOWN MEETING**

The Last day to Register to Vote at
Town Meeting is May 8, 2024 at 5 pm.
The Town Clerk's Office will be open
for voter registration from 9am to
5pm. You can also register to vote on
line at [Mass.gov](https://www.sec.state.ma.us/OVR/) register to vote
or <https://www.sec.state.ma.us/OVR/>

VETERAN'S FOOD PROJECT

*****Life Saving Station 9:00-10:30 a.m.*****

May 7 June 4 July 9

Aug 6 Sept. 10

PRE-REGISTRATION: (FIRST TIME ONLY)

**ALL FIRST TIME PARTICIPANTS NEED TO PROVIDE VERIFICATION OF
VETERAN STATUS**

Spring Pasta Primavera

Packed with seasonal veggies, this pasta primavera is a simple, fresh spring or summer dinner. Feel free to substitute any vegetable you have on hand. Add a protein for a non vegetarian entrée. The tarragon is optional, but is highly recommend to take this recipe over the top!



Ingredients

- 10 ounces penne pasta
- 2 tablespoons extra-virgin olive oil, plus more for drizzling
- 4 garlic cloves, sliced
- 1 yellow squash, sliced into thin half-moons
- 1 zucchini, sliced into thin half-moons
- 1 bunch asparagus, chopped into 1-inch pieces
- 1 cup cherry tomatoes, halved
- 1 cup thinly sliced red onion
- 1 teaspoon sea salt
- ½ cup frozen peas, thawed
- ¾ cup grated pecorino cheese
- 3 tablespoons fresh lemon juice
- Red pepper flakes
- 1 cup fresh basil leaves, plus more for garnish
- ¼ cup fresh tarragon, optional
- Freshly ground black pepper

Directions

1. Bring a large pot of salted water to a boil.
2. Prepare the pasta according to the package directions, cooking to al dente.
3. Drain and toss with a drizzle of olive oil to prevent sticking.
4. Heat the oil in a large, deep skillet over medium heat.
5. Add garlic, squash, zucchini, asparagus, tomatoes onion, salt and several grinds of pepper.
6. Sauté for 3-4 minutes, or until the vegetables are tender.
7. Add the pasta, peas. Cheese, lemon juice and a pinch of red pepper flakes and toss to combine.
8. Stir in the basil and tarragon (if using).
9. Season to taste, garnish with more basil, and serve.

\$4.00

Tiffany Café Menu May 2025

781-581-7557

Unless otherwise
stated.

**Reservations for lunch are required
24 hours in advance.**

Monday	Tuesday	Wednesday	Thursday	Friday
Please inform your server if you or any- one in your party has a food allergy.		Menu is subject to change.	1 BLT Cole Slaw, Pickle	2 Salmon Burgers, Salad, Chips
5 Salsa & Chips, Beef Tacos, Beans & Rice, Flan	6 Tortilla Soup, Roasted Pork Loin, Cauliflower Puree, Balsamic Glaze	7 Heavenly Chicken, Rice, Veggie, Roll	8 Kielbasa with Sauerkraut, Potato	9 Mother's Day "Breakfast for Lunch" Egg Casserole, Baked French Toast, Sausages. Fruit Salad \$10.00
12 Grilled Chicken Sandwich, Cole Slaw, Fries	13 Split Pea & Ham Soup, Chicken a la King, Pastry	14 Shrimp Scampi over Pasta, Salad, Garlic Bread	15 TIGER'S DEN COA KITCHEN CLOSED	16 Stuffed Peppers, Salad
19 Chicken Pot Pies with Veggies, Salad	20 Chowder, Baked Fish, Grain Bowl	21 Sweet and Sour Pork, Rice, Veggie, Roll	22 Baked Chicken, Rice Pilaf, Veggie	23 MEMORIAL DAY COOK- OUT \$15.00
26 COA CLOSED 	27 Tomato, Cucumber, Onion Salad, Pork Schnitzel, Warm Potato Salad	28 "Breakfast for Lunch" French Toast, Ham and Cheese Quiche, Tater Tots	29 Spaghetti with Meat Sauce, Garlic Bread, Salad	30 Super Grilled Cheese Sand- wich, Fruit Salad

EVENTS CALENDAR

MAY 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	<p>Sunday, May 18, 2025</p> <p>Liberty Ride Trolley Tour</p> <p>10:00</p>		<p>1 9:00 Yoga, RR 11:00-11:30 Chair Exercise, TH</p> <p>1:00 Cribbage, TH</p>	<p>2 9:00Strength, RR 11:00 Balance Class, TH</p> <p>NVC Breakfast 10:30-12:30 Manicurist, TH</p>
<p>5 9:00 Strength, RR 11:00-Chair Exercise, TH</p> <p>12:30-2:00pm Market Basket</p>	<p>6 9:00 Chair Yoga, RR 11:00 Chair Exercise, TH</p>	<p>7 9:00Strength, RR 11:00 Chair exercise, TH</p>	<p>8 9:00 Yoga, RR 11:00 Chair Exercise, TH</p> <p>1:00 PoKeno, TH</p>	<p>9 9:00Strength, RR 11:00 Balance Class, TH</p> <p>12:00-2:00pm MOTHER'S DAY LUNCHEON \$10pp, TH</p>
<p>12 9:00 Strength, RR 11:00-Chair Exercise, TH</p>	<p>13 9:00 Chair Yoga, RR 11:00 Chair Exercise, TH</p>	<p>14 9:00Strength, RR 11:00 Chair exercise, TH</p> <p>12:30 Music After Lunch, TH</p>	<p>15 9:00 Yoga, RR 11:00 Chair Exercise, TH</p> <p>11:00 TIGER'S DEN</p>	<p>16 9:00Strength, RR 11:00 Balance Class, TH</p> <p>10:30-12:30 Manicurist, TH</p>
<p>19 9:00 Strength, RR 11:00-Chair Exercise, TH</p> <p>12:30-2:00pm Market Basket</p>	<p>20 9:00 Chair Yoga, RR 11:00 Chair Exercise, TH</p>	<p>21 9:00Strength, RR 11:00 Chair exercise, TH</p> <p>9:00-11:30am Podiatrist, TH Blood Pressure Clinic 10:30-11:30</p>	<p>22 9:00 Yoga, RR 11:00 Chair Exercise, TH</p> <p>10:30-11:30am Hearing Clinic, TH</p> <p>1:00 Cribbage, TH</p>	<p>23 9:00Strength, RR 11:00 Balance Class, TH</p> <p>12:00-2:00pm MEMORIAL DAY COOK OUT \$15pp, TH</p>
<p>26 COA CLOSED</p> 	<p>27 9:00 Chair Yoga, RR 11:00 Chair Exercise, TH</p> <p>12:30 Music After Lunch, TH</p>	<p>28 9:00Strength, RR 11:00 Chair exercise, TH</p>	<p>29 9:00 Yoga, RR 11:00 Chair Exercise, TH</p> <p>1:00 PoKeno, TH</p>	<p>30 9:00Strength, RR 11:00 Balance Class, TH</p> <p>* NVC Breakfast 10:30-12:30 Manicurist, TH</p>

TH = Town Hall

RR = Rose Marie Room, Community Center

HEALTH AND WELLNESS

The following classes will be held at the Community Center on Valley Road.

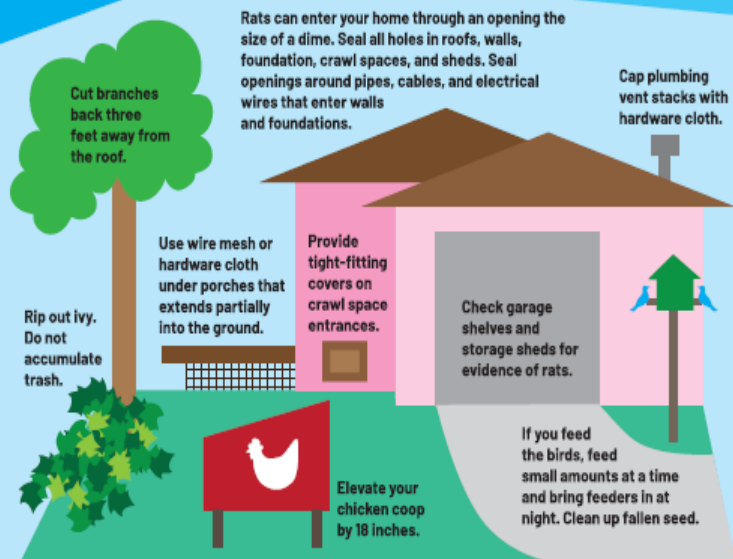
- Monday – 9:00am Strength Class with Sharon
- Tuesday – 9:00am Chair Yoga with Lynda
- Wednesday – 9:00am Strength Class with Sharon
- Thursday – 9:00 am Yoga Class with Lynda
- Friday—9:00am Strength Class with Lynda

*** Mondays - 11:00 Chair Exercise. Town Hall

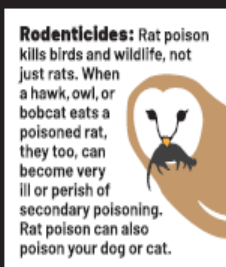
*** Thursdays - 11:00 Chair Exercise. Town Hall

*** Friday - 11:00 Balance Class. Town Hall.

Got Rats? Here are some tips to prevent them without poison



DO NOT USE:



O.K. TO USE:

- Electronic traps (only in safe locations) like The Raticator or other rat "zapper."
- Cayenne pepper sprinkled on rat trails to deter them.
- Dry ice in rat burrows.



Mass Audubon Presentation How to Protect Our Snowy Owls, Ospreys, Hawks, Wildlife and Pets From Dangerous Rodenticides called SGARS

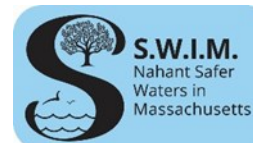
Monday, June 2, 2025, at 6:30 in
Nahant Community Center's Serenity
Room

We will learn how to manage rodent infestation without SGARS. This type of poison makes rodents die very slowly, during which time they attract predators because they are easy to catch. Then the predator dies the same cruel death. Check out these two links for more information:

<https://www.massaudubon.org/take-action/advocate/rescue-raptors>

<https://www.massaudubon.org/take-action/advocate/poison-free-pest-control>

This event is sponsored by Nahant SWIM Inc. for the benefit of the public free of charge.



Happy Mothers Day



APPRECIATION

BEAUTIFUL
BREAKFAST
CANDY
CHARMING
COMFORT
DEVOTED
FLOWERS
FORGIVING
GIFTS

GUIDANCE

HUGS
JEWELRY
JOY
KISSES
LAUGHTER
LOVE
MATERNAL

MOM

MOTHER
NURTURE
PERFUME
PROTECTIVE
SHARE
TELEPHONE
TENDER

THE BEST

WARM
WISE

DIRECTIONS:
Find and circle the
vocabulary words
in the grid. Look
for them in all
directions including
backwards and
diagonally.

NAHANT COUNCIL ON AGING

Meet Your Staff

Mary Miner
Executive Director
Ann Callahan, Maria Flanagan
Assistants to the Director

Pat Scanlon- Transportation
Annemarie Glowacz-Transportation
Scott Kirkland-Transportation

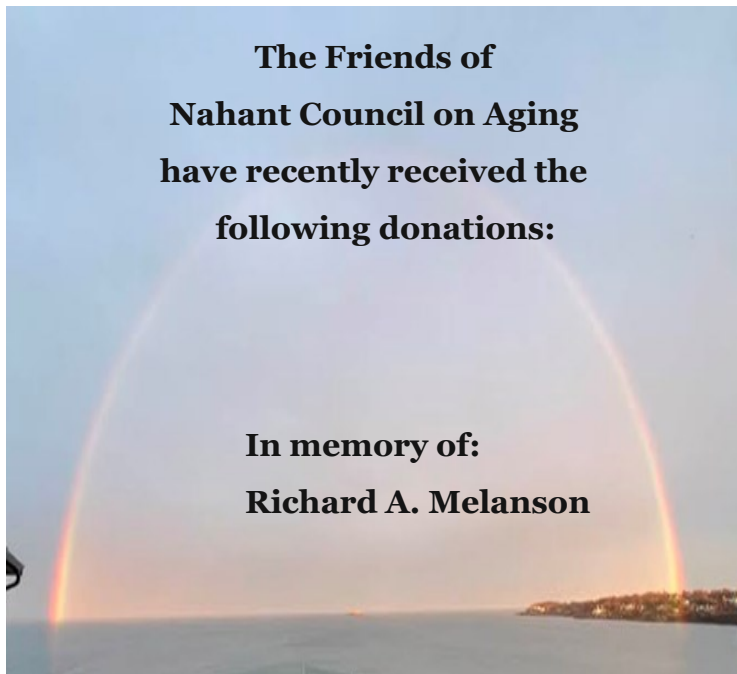
Nahant COA Board of Directors

Angela Bonin - Chair
Farris Van Meter- Vice Chair
Donna Steinberg-Secretary
Emily Potts - Treasurer

Lollie Ennis
Sheila Hambleton
Linda Jenkins
Roz Puleo

The Friends of
Nahant Council on Aging
have recently received the
following donations:

In memory of:
Richard A. Melanson



Friends of Nahant COA Executive Board

Linda Lehman - Co-President
Susan Downs Cripps -Co- President
Mary Irene Dickenson - Treasurer
Margaret Silva Secretary
Friends meet the third Wednesday of each
month.

TIFFANY ROOM, TOWN HALL 9:00am

FRIENDS

CORNER

Help Support the Friends of Nahant Council on Aging

Please accept my tax-deductible donation:

Donor Name: _____ Phone: _____

Address: _____

Email: _____

I would like my donation to be

In Memory of:

In Honor of:

In Appreciation of:

Name: _____

Please send gift notification to: _____

Please make checks payable to: **Friends of Nahant Council on Aging**, 334 Nahant Road, Na-

MAY BIRTHDAYS

May 1 - John Osbahr, Linda Gaudet, Judith Murphy
May 2 - Peter Vernam, Joanne Dunn, Beatrice Carmine, Paul Harney
May 3 - Sheila Zamejtis, Dale Cullinan, William Newell, Mary McGranahan, Christian Leguern
May 4 - Paul Fiore, Maryann Corinha, Cynthia Dalpe, Paul Pallotta, MaryLou Canty, Eva Darmanch, Cheryl Delisle
May 5 - David Lewis, Daniel Hamill, Malcolm Hill, Richard Aswad
May 6 - Linda Hall
May 7 - Carter Smith, Candace Cahill, James Holland, Gayle Billias, Carol Ann Price, Louise Campanella, Roza Blitzman, Jacquelyn Dufour, Kevin Callan
May 8 - Denise Fields-Hitch, Bruno Diprimio
May 9 - Jeffrey Musman, Cheryl Montana, Biba Rozenbaum, James Mccurdy
May 10 - Harry Mckee, Edith Richardson, Karen Falat, Andrea Lane, Donna Steinberg, Barbara Rizzo
May 11 - Timothy Harris, Charles Arena, Robert Sawin, Catherine Williams
May 12 - Joanne Fucile, James Koutroubis, George Mihovan, Jeannette Champion, Richard Moleti, Kendrick Doyle, James Michaelson
May 13 - Michael Kaplan, Robert Fannon
May 14 - Caron Sanphy, Franca Centorrino
May 15 - Arthur Calavritinos, Deborah Hornig, Stephanie MacIsaac, Judith Dumont
May 16 - Howland Warren
May 17 - Francis Mahoney, Margaret Smith, John Hawko, William Clements, Anthony Maltacea
May 18 - John Crowley, James Passanisi, Mary Donovan, Martin DerKazarian, Laura Holland
May 19 - Mary Irene Dickenson, Melissa Gallery, Lynor Carroll, Catherine Walton
May 20 - Hester Schepens, Steven Switzer, Teresa Clark, Ann Farr
May 21 - Joseph Waldron, Jeffrey Price, Deborah Aliff, James Malone, Geoffrey Loynd, Joseph Placet
May 22 - Lynn St Amour, Anne Subbs, Joanne Campbell
May 23 - Peter Barba
May 24 - Ruthanne Switzer
May 25 - James Walsh, Susan Pioli, Paul Cronin, Kevin MacKenna
May 26 - Roger Berkowitz, Linda Jenkins, Maryann Reis, John Martin, Elizabeth Thompson, Candace Thornton
May 27 - Panos Voukydis, Francis Farr, Denise Dicarlo, Yeva Ilyevskaya
May 28 - Maria Stanley, Dawn Champagne, Christopher Ward, Louise Cox
May 29 - Priscilla Clark, Sarah Anderson, Margaret Szczawinski, Daniel Fiore
May 30 - William Burchell, Patricia Podrug, Joy Loguercio, Kenneth Turino, Joseph Giardella, Weston Hardy, Leslie Hardy, Timothy Bell
May 31 - Gad Geiger, Susan Tracy, Martha Koscielecki, Ellen Morse, Mary Cuddy-Cormier, Eva Markos