

# EVENTS CALENDAR

## MAY 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	<p><b>Sunday, May 18, 2025</b></p> <p><b>Liberty Ride Trolley Tour</b></p> <p><b>10:00</b></p>		<p>1 9:00 Yoga, RR 11:00-11:30 Chair Exercise, TH</p> <p>1:00 Cribbage, TH</p>	<p>2 9:00Strength, RR 11:00 Balance Class, TH</p> <p><b>NVC Breakfast</b> 10:30-12:30 Manicurist, TH</p>
<p>5 9:00 Strength, RR 11:00-Chair Exercise, TH</p> <p>12:30-2:00pm Market Basket</p>	<p>6 9:00 Chair Yoga, RR 11:00 Chair Exercise, TH</p>	<p>7 9:00Strength, RR 11:00 Chair exercise, TH</p>	<p>8 9:00 Yoga, RR 11:00 Chair Exercise, TH</p> <p>1:00 PoKeno, TH</p>	<p>9 9:00Strength, RR 11:00 Balance Class, TH</p> <p>12:00-2:00pm MOTHER'S DAY LUNCHEON \$10pp, TH</p>
<p>12 9:00 Strength, RR 11:00-Chair Exercise, TH</p>	<p>13 9:00 Chair Yoga, RR 11:00 Chair Exercise, TH</p>	<p>14 9:00Strength, RR 11:00 Chair exercise, TH</p> <p>12:30 Music After Lunch, TH</p>	<p>15 9:00 Yoga, RR 11:00 Chair Exercise, TH</p> <p>11:00 TIGER'S DEN</p>	<p>16 9:00Strength, RR 11:00 Balance Class, TH</p> <p>10:30-12:30 Manicurist, TH</p>
<p>19 9:00 Strength, RR 11:00-Chair Exercise, TH</p> <p>12:30-2:00pm Market Basket</p>	<p>20 9:00 Chair Yoga, RR 11:00 Chair Exercise, TH</p>	<p>21 9:00Strength, RR 11:00 Chair exercise, TH</p> <p>9:00-11:30am Podiatrist, TH Blood Pressure Clinic 10:30-11:30</p>	<p>22 9:00 Yoga, RR 11:00 Chair Exercise, TH</p> <p>10:30-11:30am Hearing Clinic, TH</p> <p>1:00 Cribbage, TH</p>	<p>23 9:00Strength, RR 11:00 Balance Class, TH</p> <p>12:00-2:00pm MEMORIAL DAY COOK OUT \$15pp, TH</p>
<p>26 <b>COA CLOSED</b></p> 	<p>27 9:00 Chair Yoga, RR 11:00 Chair Exercise, TH</p> <p>12:30 Music After Lunch, TH</p>	<p>28 9:00Strength, RR 11:00 Chair exercise, TH</p>	<p>29 9:00 Yoga, RR 11:00 Chair Exercise, TH</p> <p>1:00 PoKeno, TH</p>	<p>30 9:00Strength, RR 11:00 Balance Class, TH</p> <p>* <b>NVC Breakfast</b> 10:30-12:30 Manicurist, TH</p>

TH = Town Hall

RR = Rose Marie Room, Community Center