

EVENTS CALENDAR

February 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 9:00 Strength, RR 10:30-Chair Exercise, TH	3 9:00-Chair Yoga, RR 10:30-Chair Exercise, TH	4 9:00 Strength, RR 10:30 Chair Exercise, TH 1:00 Marty Taylor Painting Class	5 9:00 Yoga, RR 10:30-11:00 Chair Exercise, TH 12:30 Pokeno	6 9:00 Strength, RR 10:30 Balance, TH
9 9:00 Strength, RR 10:30-Chair Exercise, TH 12:30 Market Basket	10 Tiffany Room Closed Maple Street Bistro	11 9:00 Strength, RR 10:30 Chair Exercise, TH 12:30 Music	12 9:00 Yoga, RR 10:30-11:00 Chair Exercise, TH	13  9:00 Strength, RR 10:30 Balance, TH Valentine's Day Lunch at Tiffany Room
16 COA Closed for Presidents' Day	17 9:00-Chair Yoga, RR 10:30-Chair Exercise, TH	18 9:00 Strength, RR 10:30-Chair Exercise, TH LEO Fuel Assis.	19 9:00 Yoga, RR 10:30-11:00 Chair Exercise, TH Hearing Clinic	20 9:00 Strength, RR 10:30-Balance, TH
23 9:00 Strength, RR 10:30-Chair Exercise, TH 12:30 Market Basket	24 9:00-Chair Yoga, RR 10:30-Chair Exercise, TH	25 9:00 Strength, RR 10:30-Chair Exercise, TH 12:30 Music Blood Pressure	26 9:00 Yoga, RR 10:30-11:00 Chair Exercise, TH 12:30 Pokeno	27 9:00 Strength, RR 10:30-Balance, TH
				

TH = Town Hall RR = Rose Marie Room at Community Center