




EVENTS CALENDAR

June 2026

Happy Flag Day



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 9:00 Strength, RR 10:30-Chair Exercise, TH</p>	<p>2 9:00-Chair Yoga, RR 10:30-Chair Exercise, TH Manicure</p>	<p>3 9:00 Strength, RR 10:30 Chair Exercise, TH 12:30 Music</p>	<p>4 COA CLOSED FOR LUNCH NEWBURYPORT FIELD TRIP</p>	<p>5 9:00 Strength, RR 10:30 Balance, TH</p>
<p>8 9:00 Strength, RR 10:30-Chair Exercise, TH</p>	<p>9 9:00-Chair Yoga, RR 10:30-Chair Exercise, TH Manicure</p>	<p>10 9:00 Strength, RR 10:30 Chair Exercise, TH</p>	<p>11 9:00 Yoga, RR 10:30-11:00 Chair Exercise, TH Pokeno</p>	<p>12 9:00 Strength, RR 10:30 Balance, TH</p>
<p>15 9:00 Strength, RR 10:30-Chair Exercise, TH</p>	<p>16 9:00-Chair Yoga, RR 10:30-Chair Exercise, TH Manicure</p>	<p>17 9:00 Strength, RR 10:30-Chair Exercise, TH 12:30 Music</p>	<p>18 9:00 Yoga, RR 10:30-11:00 Chair Exercise, TH Hearing Clinic Father's Day Lunch</p>	<p>19 COA CLOSED JUNE TEENTH</p>
<p>22 9:00 Strength, RR 10:30-Chair Exercise, TH</p>	<p>23 9:00-Chair Yoga, RR 10:30-Chair Exercise, TH Manicure</p>	<p>24 9:00 Strength, RR 10:30-Chair Exercise, TH Blood Pressure</p>	<p>25 9:00 Yoga, RR 10:30-11:00 Chair Exercise, TH Pokeno</p>	<p>26 9:00 Strength, RR 10:30-Balance, TH</p>
<p>29 9:00 Strength, RR 10:30-Chair Exercise, TH</p>	<p>30 9:00-Chair Yoga, RR 10:30-Chair Exercise, TH Manicure</p>	<p style="color: red; text-align: center;">June 28th "Greater Boston Stage Company": "Annie"</p>		

TH = Town Hall RR = Rose Marie Room at Community Center