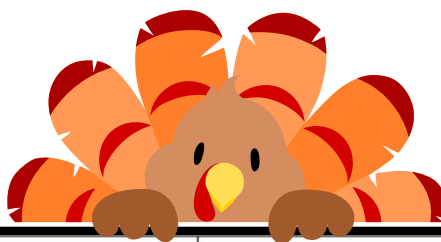




EVENTS CALENDAR November 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 9:00 Strength, RR 10:30-Chair Exercise, TH	3 9:00-Chair Yoga, RR 10:30-Chair Exercise, TH	4 9:00 Strength, RR 10:30 Chair Exercise, TH 12:30 Music	5 9:00 Yoga, RR 10:30-11:00 Chair Exercise, TH 12:30 Pokeno	6 9:00 Strength, RR 10:30 Balance, TH
9 9:00 Strength, RR 10:30-Chair Exercise, TH	10 9:00-Chair Yoga, RR 10:30-Chair Exercise, TH Wheel of Fortune	11 COA Closed for Veterans Day 	12 9:00 Yoga, RR 10:30-11:00 Chair Exercise, TH	13 9:00 Strength, RR 10:30 Balance, TH
16 9:00 Strength, RR 10:30-Chair Exercise, TH	17 9:00-Chair Yoga, RR 10:30-Chair Exercise, TH	18 9:00 Strength, RR 10:30-Chair Exercise, TH Blood Pressure 12:30 Music	19 9:00 Yoga, RR 10:30-11:00 Chair Exercise, TH LEO Fuel 12:30 Pokeno	20 9:00 Strength, RR 10:30 Balance, TH Thanksgiving Luncheon
23 9:00 Strength, RR 10:30-Chair Exercise, TH	24 9:00-Chair Yoga, RR 10:30-Chair Exercise, TH	25 9:00 Strength, RR 10:30-Chair Exercise, TH	26 COA Closed for Thanksgiving	27 COA Closed for Thanksgiving
30 9:00 Strength, RR 10:30-Chair Exercise, TH				

TH = Town Hall

RR = Rose Marie Room at Community Center